

HEAT STRESS PROTOCOL

Regular Heat Precautions:

- (1) We have two Medical stations: CUP Garage and Pit Row. There is a Licensed Paramedic on site along with personnel experienced with heat stress issues.
- (2) A Certified COVID Compliance Officer is on site if the medical need arises.
- (3) Every participant in the event will be checked for a fever above 100 degrees at the beginning of each day. In the event of a fever, the COVID Protocol will apply.
- (4) Cold water will be readily available and accessible at all times to race participants. Consistent water consumption will be heavily endorsed throughout the day. .

New Heat Planning

- (1) ***When temperatures reach a Heat Index of 95 degrees***, drivers will be limited to two hours driving and must return to the garage to cool-down. Drivers can be “swapped out” at the Driver Exchange Area on Pit Row. Team Members sitting on Pit Row must rotate to the garage for 15 minutes every hour.
- (2) ***When temperatures reach a Heat Index of 105 degrees***, racing may be suspended.
- (3) All teams will be encouraged to have electric fans for both their garage bay and their pit row location.
- (4) Teams must make significant radio contact with the drivers to ascertain their health. If there is the slightest hint of heat stress, the driver must return to Pit Row and be swapped with a refreshed driver.

Strategy Consideration

With heat stress increasing after lunch, teams are advised to take full advantage of the morning racing periods. Teams must now consider that afternoon driving periods might be shortened due to excessive heat.